

# Seasonal Influenza Vaccination Training

**VACCINE INFORMATION STATEMENT**  
**Influenza Vaccine**  
*What You Need to Know*

(Flu Vaccine, Live, Intranasal)  
**2015-2016**

**1 Why get vaccinated?**

Influenza ("flu") is a contagious disease that spreads around the United States every winter, usually between October and May.

Flu is caused by influenza viruses, and is spread mainly by coughing, sneezing, and close contact.

Anyone can get flu, but the risk of getting flu is highest among children. Symptoms come on suddenly and may last several days. They can include:

- fever/chills
- sore throat
- muscle aches
- fatigue
- cough
- headache
- runny or stuffy nose

Flu can make some people much sicker than others. These people include young children, people 65 and older, pregnant women, and people with certain health conditions—such as heart, lung or kidney disease, nervous system disorders, or a weakened immune system. The vaccination is especially important for these people, and anyone in close contact with them.

Flu can also lead to pneumonia, and make existing medical conditions worse. It can cause diarrhea and seizures in children.

Each year thousands of people in the United States die from flu, and many more are hospitalized.

The vaccine is the best protection against flu and its complications. This vaccine also helps prevent spreading flu from person to person.

**2 Live, attenuated flu vaccine**  
 —LAIV, Nasal Spray

You are getting a live, attenuated influenza vaccine (called LAIV), which is sprayed into the nose. "Attenuated" means weakened. The viruses in the vaccine have been weakened so they won't give you the flu.

There are other "inactivated" and "recombinant" flu vaccines that do not contain live virus. These "flu shots" are given by injection with a needle.

*Injectable flu vaccines are described in a separate Vaccine Information Statement.*

Flu vaccination is recommended every year. Some children 6 months through 8 years of age might need two doses during one year.

Flu viruses are always changing. Each year's flu vaccine is made to protect against viruses that are likely to cause disease that year. LAIV protects against 4 different influenza viruses. Flu vaccine cannot prevent all cases of flu, but it is the best defense against the disease.

It takes about 2 weeks for protection to develop after vaccination, and protection lasts several months to a year.

Some illnesses that are not caused by influenza virus are often mistaken for flu. Flu vaccine will not prevent these illnesses. It can only prevent influenza.

LAIV may be given to people 2 through 49 years of age. It may rarely be given at the same time as other vaccines.

LAIV does not contain thimerosal or other preservatives.

**3 Some people should not get this vaccine**

Tell the person who gives you the vaccine:

- If you have any severe, life-threatening allergies, including (for example) an allergy to gelatin or antibiotics. If you ever had a life-threatening allergic reaction after a dose of flu vaccine, or have a severe allergy to any part of this vaccine, you should not get vaccinated.
- If you ever had Guillain-Barre Syndrome (a severe paralyzing illness, also called GBS). Some people with a history of GBS should not get this vaccine. This should be discussed with your doctor.
- If you have long-term health problems, such as certain heart, breathing, kidney, liver, or nervous system problems, your doctor can help you decide if you should get LAIV.



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**2 Inactivated and recombinant flu vaccines**

You are getting an injectable flu vaccine, which is either an "inactivated" or "recombinant" vaccine. These vaccines do not contain any live influenza virus. They are given by injection with a needle, and often called the "flu shot."

A different, live, attenuated (weakened) influenza vaccine is sprayed into the nostrils. This vaccine is described in a separate Vaccine Information Statement.





Department of Defense

# Seasonal Influenza Vaccination Training 2015-2016

Register:  
[www.vaccines.mil/myimzu](http://www.vaccines.mil/myimzu)

26 August 2015

A certificate of completion will be awarded after completion of all training requirements. Training requirements include: completion of all five (5) training modules, minimum passing score of 80% on immunization quiz, and completion of course evaluation.



For More Information, contact DHA Immunization Healthcare Branch

**DHA**  
 Defense Health Agency  
 Public Health Division  
**Immunization Healthcare**

[www.vaccines.mil](http://www.vaccines.mil)    [www.vaccines.mil/flu](http://www.vaccines.mil/flu)    [DoDVaccines@mail.mil](mailto:DoDVaccines@mail.mil)

**DHA Immunization Healthcare Support Center**  
 877-438-8222  
 877-GET-VACC  
 Available 24 hours a day 7 days a week

We are committed to Standards of Quality and to Excellence

Providing evidence-based content to promote healthcare personnel development or performance of safe and effective influenza immunization healthcare delivery.





### What is the Seasonal Influenza Vaccination Training Curriculum?

The Seasonal Influenza Vaccination Training curriculum is an online course that will provide military and civilian healthcare personnel with important and comprehensive information concerning the influenza vaccine. It is designed to prepare healthcare personnel to administer influenza vaccinations and perform required administrative tasks in support of the DoD and USCG's Influenza Vaccination Program.

This curriculum includes five training modules. It is designed to meet seasonal influenza vaccination training requirement for medical personnel administering influenza vaccinations, and can be completed in approximately 1.7 hours.

### Who should complete this training?

This training is designed for medical personnel who will be involved in the Seasonal Influenza Vaccination Program. Participants may include physicians, nurses, physician assistants, medics, corpsman, medical supervisors, and other clinical personnel.

This course is directed primarily towards a military audience, but is open to anyone with an Immunization University (ImzU) Account ([www.vaccines.mil/myImzU](http://www.vaccines.mil/myImzU)). The curriculum is focused on supporting the DoD and USCG's influenza preparedness plans, and is tailored to the specific immunization requirements of the Armed Forces.

### Course Objectives

*Upon completion of the Seasonal Influenza Vaccination curriculum, trainees will be able to:*

- Describe the disease and its clinical features, as well as indications for the vaccine
- Describe vaccine dosage and administration details
- List recommended storage and handling requirements for influenza vaccine
- Describe patient screening and patient education requirements
- List vaccine precautions and contraindications, and adverse event reporting requirements



### Course Description

*The five modules and corresponding learning objectives are:*

#### 1. Introduction to DoD and USCG Seasonal Influenza Program [12:02]

- Identify seasonal influenza competency training program requirements
- Discuss the DoD and USCG Seasonal Influenza Vaccination Program
- Discuss the DoD and Service specific seasonal influenza policies
- Identify Advisory Committee on Immunization Practices (ACIP) recommendations for the current influenza season

#### 2. Seasonal Influenza Disease [11:13]

- Identify historical threat from influenza pandemics to military readiness and operations
- Identify influenza disease characteristics, transmission patterns and complications
- Verbalize where to find information on seasonal flu trends

#### 3. Influenza Vaccine Screening and Administration [25:34]

- Outline the Vaccine Information Statement (VIS) requirements
- Identify the contraindications for vaccine administration
- Verbalize the proper screening process for the influenza vaccine
- Discuss the age requirements for different vaccine formulations
- Discuss the injectable, intranasal, and intradermal influenza administration techniques
- Identify vaccine documentation requirements

#### 4. Cold Chain Management of the Seasonal Influenza Vaccine [25:49]

- Identify critical factors related to ordering the seasonal influenza vaccine
- Properly receive the seasonal influenza vaccine
- Identify the storage requirements for the seasonal influenza vaccine
- Implement cold chain management principles to protect your vaccine
- Apply protocols to maintain proper temperature when transporting the influenza vaccine to offsite locations
- Outline procedures for management of potentially temperature compromised vaccine

#### 5. Adverse Events Management [14:28]

- Identify the common side effects associated with influenza vaccination
- Identify possible serious adverse events following influenza vaccination
- Explain the steps for the medical management of an allergic reaction after vaccination
- List the proper steps to submit a Vaccine Adverse Event Reporting System (VAERS) form

#### Influenza Training Quiz [15:00]

- A 30 question quiz will be given after viewing all 5 modules
- A score of 80% or better is required in order to pass the quiz and download a certificate of completion.

